

k12 Bracelet User Manual



Please make a full charge before use it.
App: Dafit

1. Download & Pairing

- 1.1 Long press the “home” button to turn on.
1.2 Scan the following QR code to install Dafit APP,Or download “DaFit” from App Store, Google Player then install it.



Compatible System: Android4.4 and above , iOS 9.0 and above

1.3 Enter the APP to bind the searched device.

Step1 : Enable Bluetooth on the mobile phone ;

Step2 : Open “Da Fit” APP , Tap” Add a device” to bind .

- Please keep bluetooth address consistent with your smart bracelet when you connecting
- Long press “home” key on smart bracelet time interface to check bluetooth address

2.Smart bracelet Functions

2.1.Time Interface

2.1.1 Other(change different interfaces, stopwatch,mute,reset,long press “home” key to power off,brightness adjustment)



2. Functions on Dafit App

2.1 Data sync

All measured datas from smart bracelet will be sync on mobile phone Dafit app eg: step,sleep monitor,heart rate,blood pressure,blood oxygen and other data as below Pic. (If the data of sport,sleep,heart rate not syn to Dafit app,please disconnect the bluetooth and reconnect again)



2.1.1 Power on : Long press“home” button to turn on.



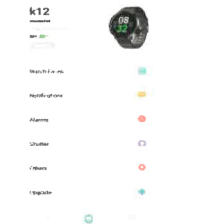
2.2.2 Power off : On the time interface , long press “home ” button for 3 seconds into bluetooth address interface, then long press “home” key into below menu to choice “power off” and long press the “home” button ; or enter Smart bracelet “other” menu, click to enter to find” Power off” menu then long press home button to get powered off.



2.2.3 Screen-on: Press the “ home” button Or shake wrist can wake up the screen (Important: Pls turn on “quick review” on mobile phone “Dafit” app)

2.2 Pedometer (Step records,Long press the “home” key to check calorie and and mileage)

3.2Enter smart bracelet connection interface.



3.2.1 Watch Faces (3 interface options)



3.2.2 Notifications (Turn on social apps message push like WeChat, Facebook, whatsapp, Twitter etc)
Pay attention on Android mobile phone setup: Dafit app/Notification/Accessibility to turn on “Dafit”
Call reminder: When the incoming call appears on the bracelet interface,you can long press “home” button to reject the call.



2.3 Sleep monitor

Sleep monitor period: 20:00PM to 09:00AM

Pls make sure wear the bracelet vice



2.4.Heart Rate monitor

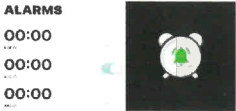


2.5 Multiple Sports (Click to start under

” Training” menu,you can find multiple sport modes: Walking, Running , Cycling , Skipping , Badminton , Basketball , Football, all exercise datas will be sync to mobile phone Dafit App)



3.2.3.Alarms (3 options)

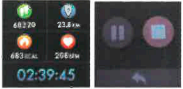


3.2.4 Shutter (enter Dafit App shutter or smart bracelet “remote capture” , Click bracelet “home” key or shake the band to take photos)

3.2.5 Others (Find my smart bracelet, Time formats, Setting time of no disturbing, Sedentary reminder,Quick View screen, Weather info.



Select the sport mode you want, start to test and show all exercise datas:mileage, calorie, heart-rate as below picture; Long press the “home” key can pause or exit the sport testing.



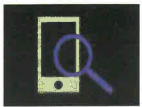
2.6.Blood Pressure monitor (Pls make sure you are relaxed when make blood pressure testing)



2.7.Blood oxygen monitor



3.2.5.1 Power on “Find Device” ,the bracelet will vibrate when the bluetooth is connected successfully between mobile phone and smart bracelet.



3.2.5.2 Time format (2 options of 12&24hours system)



3.2.5.3 Setting mode of no disturbing



3.2.5.4 Sedentary reminder(Valid period 10:00AM-22:00PM)

3.2.5.5 Quick view screen: wake up screen (turn on it and choose valid time period)

2.8.Notifications push (Turn on Dafit

app” Notifications” social app like

Facebook,Twitter,Skype etc,

Pay attention on Android mobile phone setup: Dafit app/Notification/Accessibility to turn on “Dafit”



Important to follow below setup steps so watch can receive notifications:

Find out Mobile phone app like Wechat : Wechat/about me/setting/new message inform and display all message details MUST be turned on;

Mobile phone setting/ find out wechat/ notifications/ you have to turn on all options like allow notifications, badges,show previews etc.

Pls make sure your wechat/QQ/Skype is NOT log in & online on your computer,otherwise the message received on mobile cannot sync on the watch as the computer already received the notification.(if you only connected



3.2.5.6 Weather (Turn on the weather,choose the city you want or automatic location , the band will show the located city’ s weather .



(Notes : Please kindly note above functions are working based on activated and saved the related setup)

Disclaimer

Warning: This product is not a medical device. The smart band and its applications should not be used in diagnosis, treatment or as a preventive treatment for diseases and sickness. Please consult medical professionals before changing exercise habit or sleep habit to avoid serious injuries. The manufacturer reserves the right to modify and improve any functions description in this user guide and continuous update of the new content without further notice. This user guide is for reference only, the smart band for selling is subject to the final product.